

# AFTER PRACTICE & GAMES CHECKLIST

## Clean Out

- Bat Bag/Catchers Gear Bag - Take out wrappers, trash, seeds, bottles, etc.
- Cleats - bang out dirt, untie laces
- Cooler or Water Jugs - empty, drain, and set aside to dry

## Put Away

- Bat Bag
- Hat (store in bat bag unless it needs to be washed)
- Cleats

## Uniform Care

- Remove belt
- Remove cup and chest protector inserts
- Pre-treat grass stains, dirt or mud stains
- Put entire uniform in hamper (or take to laundry room)